

國立彰化師範大學
輔導與諮商學系學士班畢業條件表暨課程架構表
(113學年度入學學生適用)

National Changhua University of Education
Graduation Requirements and Course Structure for Bachelor's Program of Department of Guidance and
Counseling
(Applicable for students in 113 academic year)

列印日期(Print Date:2024/04/24)

一. 系必修課程

I. Department's Required Course(s)

課程名稱 Course Name	學分/學時 Credit(s) / Hour(s)	年級 Grade	學期 Semester
普通心理學 Introduction to Psychology	3/3	1	1
輔導原理 Principles to Guidance	3/3	1	1
心理與教育統計 Basic Statistics in Psychology & Education	3/3	1	2
心理與教育測驗 Measurement in Psychology & Education	3/3	2	1
人格心理學 Psychology of Personality	3/3	2	1
測驗實務 Testing Practice in Counseling	3/3	2	2
生涯輔導與諮商 Career Guidance & Counseling	3/3	2	2
諮商理論與技術 Theories & Techniques of Counseling	4/4	2	2
諮商技巧 Counseling Pre-practicum	3/3	3	1
團體輔導 Group Guidance	3/3	3	1
助人專業倫理 Ethical Issue in Counseling	2/2	3	2
團體諮商 Group Counseling	3/3	3	2
個別諮商實習(一)A組 Individual Counseling Practicum I	3/3	4	1
個別諮商實習(一)B組 Individual Counseling Practicum I	3/3	4	1
團體諮商實習(一)A組 Group Counseling Practicum I	4/4	4	1
團體諮商實習(一)B組 Group Counseling Practicum I	4/4	4	1

二. 系選修課程

II. Department's Elective Course(s)

課程名稱 Course Name	學分/學時 Credit(s) / Hour(s)	年級 Grade	學期 Semester
人際關係	2/2	1	1

Interpersonal Relationship			
生涯定向 career orientation	2/2	1	1
情緒管理與壓力調適 Emotion Management and Stress Adaptation	2/2	1	2
兒童與青少年福利服務 Child and Adolescent Welfare Services	3/3	1	2
認知心理學 Cognition Psychology	3/3	1	2
腦神經科學與身心健康 Brain Science and Mental Health	3/3	1	2
性別關係與教育 Gender & Education	2/2	2	1
物質濫用防治 Prevention of Substance Abuse	2/2	2	1
社區心理衛生 Community Mental Health	3/3	2	1
學校社會工作 School Social Work	3/3	2	1
職場健康心理學 Workplace Mental Health	3/3	2	1
醫務社會工作 Medical Social Work	3/3	2	1
心理衛生 Mental Health	2/2	2	2
角色扮演在輔導上之應用 Role-play in Guidance	2/2	2	2
創造力思考訓練 Training of Scientific Thinking	2/2	2	2
科技與心理健康 Technology and Mental Health	2/2	2	2
青少年表達性媒材實務 The Practice of Expressive Arts for Adolescents	3/3	2	2
少年事件處理法 Juvenile Delinquency & Acts	3/3	2	2
員工協助方案理念與實施 Concept and Implementation of Employee Assistance Programs	3/3	2	2
家庭社會工作 Family Social Work	3/3	2	2
親職教育與親師合作 Parent Education and Cooperation with Relatives	3/3	2	2
職場見習 Workplace Clerkship	2/2	3	1
身體取向心理治療 Body Psychotherapy in Counseling	2/2	3	1
高等統計學 Advanced Statistics in Psychology & Guidance	3/3	3	1
犯罪心理學 Criminal Psychology	3/3	3	1
離婚議題與諮商 Divorce and Counseling	3/3	3	1
網路諮商 Cybercounseling	2/2	3	2
婚姻與家庭	3/3	3	2

Marriage & Family			
變態心理學 Abnormal Psychology	3/3	3	2
表達性藝術治療 Expressive Arts Therapy	3/3	3	2
專題研究實作 Practice of Monographical Study	3/3	3	2
多元文化諮商 Multicultural Counseling	2/2	4	1
死亡心理與諮商 Death Psychology and Counseling the Dying	2/2	4	1
移地學習 Learning Abroad	2/2	4	1
多元文化與家庭 Multi-Cultural and Families	3/3	4	1
性別暴力防治 Gender-based Violence Prevention	3/3	4	1
犯罪矯正與行為輔導 Crime Correction and Behavior Guidance	3/3	4	1
助人專業發展趨勢 Future Directions / Trends of Helping Profession	3/3	4	1
個案研究 Case Study	2/2	4	2
老人心理健康服務 The Services of Mental Health for the Elderly	2/2	4	2
園藝輔療 Horticulture Therapy	2/2	4	2
婚姻與家庭諮商 Marriage & Family Counseling	3/3	4	2
遊戲治療 Play Therapy	3/3	4	2

三. 學校輔導與諮商組組選修課程

III. Group 's Elective Course(s) for School Guidance and Counseling

課程名稱 Course Name	學分/學時 Credit(s) / Hour(s)	年級 Grade	學期 Semester
學生事務概論 Introduction to Student Affairs	2/2	1	1
家庭生活教育概論 Introduction to Family Life Education	2/2	1	1
童軍教育原理 Theories of Scout Education	2/2	1	2
家庭發展 Family Development	2/2	1	2
發展心理學 Developmental Psychology	3/3	1	2
團體動力 Group Dynamics	2/2	2	1
戶外探索設計與實施 Outdoor Adventure Programming	2/2	2	1
未來想像與生涯調適 Future Imagination and Career Adjustment	2/2	2	1
兒童心理與輔導	3/3	2	1

Child Psychology and Guidance			
青少年問題與輔導 Adolescent Problems and Counseling	3/3	2	1
心理諮詢概論 Psychological Consultation	2/2	2	2
綜合活動學習領域概論 Introduction of Integrative Activities Learning Areas	2/2	2	2
個案管理 Case Management	2/2	2	2
學習困難診斷 Diagnosis of Learning Ddfficulties	3/3	2	2
研究方法導論 Introduction to Research Methods	3/3	2	2
生涯與職業資訊分析與應用 Analysis and Application of Career and Employment Resources	2/2	3	1
危機處理 Crisis Intervention	3/3	3	1
學習輔導 Learning Guidance	3/3	3	1
冒險探索教育設計與實施 Design and Practice of Adventure Education	3/3	3	1
輔導活動教材教法 Teaching Material & Methods of Guidance Activities	2/2	3	2
生涯規劃課程設計與實施 Curriculum Design and Practice of Career Development	2/2	3	2
綜合活動學習領域課程設計與實施 Programplanning & Practice of Integrative Activities	2/2	3	2
輔導活動教學應用與實作 Teaching Application and Practice of Guidance Activity	2/2	3	2
學校輔導工作與系統合作 School Counseling Work and System Cooperation	3/3	3	2
輔導活動教學實習(一) Counseling Activities Practicum(I)	2/2	4	1
生涯規劃科教材教法 Teaching Career Development Course	2/2	4	1
輔導活動教學實習(一)A組 Counseling Activities Practicum(I)	2/2	4	1
輔導活動教學實習(一)B組 Counseling Activities Practicum(II)	2/2	4	1
學校方案規劃與評估 School Planning and Evaluation	3/3	4	1
教師專業成長與自我覺察 Teachers' professional growth and self-awareness	2/2	4	2
輔導活動教學實習(二) Counseling Activities Practicum(II)	2/2	4	2
生涯規劃教學實習 Teaching Practice of Career Planning	2/2	4	2
團體諮商實習(二)A組 Group Counseling Practicum II	2/2	4	2
團體諮商實習(二)B組 Group Counseling Practicum II	2/2	4	2
高危險群學生的輔導 Guidance for High Risk Students	3/3	4	2
個別諮商實習(二)A組	3/3	4	2

Individual Counseling Practicum II			
個別諮商實習(二)B組	3/3	4	2
Individual Counseling Practicum II			

四. 社區輔導與諮商組組選修課程

IV. Group 's Elective Course(s) for Community Guidance and Counseling

課程名稱 Course Name	學分/學時 Credit(s) / Hour(s)	年級 Grade	學期 Semester
社會工作概論 Introduction to Social Work	3/3	1	1
社會學 Sociology	3/3	1	1
人類行為與社會環境 Human Behavior and Social Environment	3/3	1	2
社會心理學 Social Psychology	3/3	1	2
社會個案工作 Social Case Work	3/3	2	1
社區工作 Community Work	3/3	2	2
社會統計 Social Statistics	3/3	2	2
社會團體工作 Social Group Work	3/3	2	2
社會研究法 Social Research Methods	3/3	3	1
社會工作管理 Social Work Management	3/3	3	2
方案設計與評估 Program Planning and Evaluation	3/3	4	1
社會政策與社會立法 Social Policy and Social Legislation	3/3	4	1
社會工作倫理 Social Work Ethics	3/3	4	1
社會工作實習(一) Social Work Practicum I	3/3	4	1
社會福利行政 Social Welfare Administration	3/3	4	2
社會工作實習(二) Social Work Practicum II	3/3	4	2

五. 先修科目

V. Prerequisite Courses

先修課程 Prerequisite Course	後修課程 Subsequent Course
普通心理學 Introduction to Psychology	人格心理學 Psychology of Personality
諮商理論與技術 Theories & Techniques of Counseling	個別諮商實習(一)A組 Individual Counseling Practicum I
諮商技巧 Counseling Pre-practicum	個別諮商實習(一)A組 Individual Counseling Practicum I
助人專業倫理	個別諮商實習(一)A組

Ethical Issue in Counseling 助人專業倫理	Individual Counseling Practicum I 個別諮商實習(一)B組
Ethical Issue in Counseling 諮商技巧	Individual Counseling Practicum I 個別諮商實習(一)B組
Counseling Pre-practicum 諮商理論與技術	Individual Counseling Practicum I 個別諮商實習(一)B組
Theories & Techniques of Counseling 諮商理論與技術	Individual Counseling Practicum I 個別諮商實習(二)A組
Theories & Techniques of Counseling 諮商理論與技術	Individual Counseling Practicum II 個別諮商實習(二)B組
Theories & Techniques of Counseling 團體輔導	Individual Counseling Practicum II 團體諮商
Group Guidance 團體諮商	Group Counseling 團體諮商實習(一)A組
Group Counseling 團體諮商	Group Counseling Practicum I 團體諮商實習(一)B組
Group Counseling 團體諮商	Group Counseling Practicum I 團體諮商實習(二)A組
Group Counseling 團體諮商	Group Counseling Practicum II 團體諮商實習(二)B組
Group Counseling 團體諮商	Group Counseling Practicum II 學校方案規劃與評估
Group Counseling 社會工作實習(一)	School Planning and Evaluation 社會工作實習(二)
Social Work Practicum I 心理與教育統計	Social Work Practicum II 社會統計
Basic Statistics in Psychology & Education 輔導原理	Social Statistics 諮商理論與技術
Principles to Guidance 輔導活動教材教法	Theories & Techniques of Counseling 輔導活動教學實習(一)
Teaching Material & Methods of Guidance Activities 輔導活動教材教法	Counseling Activities Practicum(I) 輔導活動教學實習(一)A組
Teaching Material & Methods of Guidance Activities 輔導活動教材教法	Counseling Activities Practicum(I) 輔導活動教學實習(一)B組
Teaching Material & Methods of Guidance Activities 輔導活動教材教法	Counseling Activities Practicum(II) 輔導活動教學實習(二)
Teaching Material & Methods of Guidance Activities	Counseling Activities Practicum(II)

六. 畢業條件

VI. Graduation Requirements

一、學校輔導與諮商組：

師資培育生-最低畢業學分為142學分，包含校必修28學分(不含護理、軍訓及體育)、系必修43學分、教育學程26學分、選修45學分。

非師資培育生-最低畢業學分為128學分，包含校必修28學分(不含護理、軍訓及體育)、系必修43學分、選修57學分。

二、社區輔導與諮商組：本組最低畢業學分為128學分，包含校必修28學分(不含護理、軍訓及體育)、系必修43學分、選修57學分。

三、選修本系開設科目(不限學期)一律承認為本系畢業學分。

四、選修科目修習外系開設科目其學科名稱、學分數相同者、兩組相互跨組選修本系相關專業課程亦皆得採計為畢業學分。

五、選修科目修習系外開設科目，採認6學分為本系畢業學分。

六、選修學校輔導學程者必修教育學程科目，教育學程部頒必修及選修科目請依師資培育中心開課科目修習。

七、課程架構(本系簡編版)中打※者為本系專業課程，若採認為教育學程選修科目者，不得重覆採計為畢業學分。

八、欲取得國民中學「綜合活動領域輔導專長」、中等學校「輔導教師」和高級中等學校「綜合活動領域生涯規劃科」等專業科目認證，請參照本校師資培育中等學校各學科教師專門科目及學分一覽表。

九、學生應於畢業前參加校內外輔導與諮商相關學術研討會或演講至少12場。

十、1.除修滿畢業學分外，須通過其入學年度之「國立彰化師範大學資訊能力檢定畢業門檻實施辦法」之檢定標準要求，方具備畢業資格；2.教育學院開設之「網頁程式設計」2學分2學時課程，納入資訊門檻之課程採計；3.其他未盡事宜依據其入學年度之「國立彰化師範大學資訊能力檢定畢業門檻實施辦法」規定辦理。

十一、本系學生修習遠距教學課程，其修習學分(含抵免學分)總數以不超過畢業總學分之四分之一為限。

十二、本系輔系必修科目為課程架構(本系簡編版)打⊙者，共計至少25學分25學時。

十三、本系雙主修者須修畢全部必修科目和至少1門分組選修專業課程，共計達45學分45學時。

十四、教育學院開設之課程均可採認為畢業學分。

1. School Guidance and Counseling Track:

For teacher training students - the minimum graduation credits are 142 credits, including 28 mandatory university credits (excluding nursing, military training, and physical education), 43 credits of compulsory department courses, 26 credits of education programs, and 45 elective credits.

For non-teacher training students - the minimum graduation credits are 128 credits, including 28 mandatory university credits (excluding nursing, military training, and physical education), 43 credits of compulsory department courses, and 57 elective credits.

2. Community Guidance and Counseling Track:

The minimum graduation credits for this track are 128 credits, including 28 mandatory university credits (excluding nursing, military training and physical education), 43 credits of compulsory department courses, and 57 elective credits.

3. Elective courses offered by the department (regardless of semesters) will be all recognized as department graduation credits.

4. Elective courses offered by other departments will be counted as graduation credits if the course names and credits are the same. Additionally, elective courses in both tracks can be cross-enrolled for the relevant professional courses of the department, and they are counted as graduation credits.

5. For elective courses taken from other departments, up to 6 credits will be recognized as department graduation credits.

6. Students who choose the school counseling program must take the compulsory courses of educational program. Please refer to the courses offered by the Teacher Education Center for compulsory and elective courses of the educational program.

7. Courses marked with ※ in the curriculum structure (an abbreviated version of this department) refer to the professional courses of this department. If recognized as elective courses of the education program, they cannot be counted as graduation credits twice.

8. To obtain professional subject certifications such as "Guidance Expertise in Comprehensive Activities Fields" for junior high schools, "Guidance Teachers" for secondary schools, and "Comprehensive Activities Field Career Planning Department" for senior secondary schools, please refer to the list of specialized courses and credits for each subject in our university's teacher education for secondary schools.

9. Students should participate in at least 12 academic seminars, conferences or lectures related to Guidance and Counseling both on and off campus before graduation.

10(1) In addition to fulfilling graduation credits, students must pass the standard specified in the "National Changhua University of Education Information Literacy Graduation Threshold Implementation Measures" for the year of admission in order to be eligible for graduation; (2) The College of Education offers a 2-credit, 2-hour course in "Web Programming", which is included in the information literacy requirement; (3) Any other

matters not covered herein shall be handled in accordance with the " National Changhua University of Education Information Literacy Graduation Threshold Implementation Measures " for the year of admission.

11. For students in this department who take distance learning, the total number of credits (including credit exemptions) shall not exceed one quarter of the total graduation credits.

12. The compulsory courses for minors in this department are indicated with an “⊙” in the curriculum structure (an abbreviated version of the department), at le

畢業條件係113.5.2院務會議通過。